

# **Choices and Changes: Making the Difference**



**April 12 - 14, 2004  
Galt House East  
Louisville, KY**

## Conference At A Glance

### Monday, April 12

12:00 p.m.	Check-in opens (no on-site registration)
3:00 p.m. - 7:30 p.m.	Exhibit Hall open
3:00 p.m. - 5:30 p.m.	Opening Session: <ul style="list-style-type: none"><li>— Southern Elementary Performance Troupe, Fayette County Schools</li><li>— Welcome and Introductions</li><li>— Dr. Humor (aka Stuart Robertshaw) on <i>The Healing Power of Humor</i></li></ul>
5:30 p.m. - 7:30 p.m.	Book Signing in the Networking Suite

### Tuesday, April 13

7:30 a.m.	Check-in opens
7:30 a.m. - 8:45 a.m.	Continental breakfast (provided)
8:00 a.m. - 6:30 p.m.	Exhibit Hall open
8:45 a.m. - 11:45 a.m.	Workshop Sessions “A” (part 1) and “B”
12:00 p.m. - 1:15 p.m.	Luncheon (provided)
1:30 p.m. - 4:45 p.m.	Workshop Sessions “A” (part 2) and “C”
1:30 p.m. - 3:00 p.m.	Workshop Sessions “D”
3:15 p.m. - 4:45 p.m.	Workshop Sessions “E”
5:00 p.m. - 6:30 p.m.	Networking Suite open

### Wednesday, April 14

7:30 a.m.	Check-in opens
7:30 a.m. - 8:15 a.m.	Continental breakfast (provided)
8:15 a.m. - 11:30 a.m.	Workshops Sessions “F”
8:15 a.m. - 9:45 a.m.	Workshops Sessions “G”
10:00 a.m. - 11:30 a.m.	Workshops Sessions “H”
11:45 a.m. - 1:45 p.m.	Recognition Luncheon (provided) <ul style="list-style-type: none"><li>— Presentation: Dr. Carl Hurley (America’s Funniest Professor)</li><li>— Five and Ten Year IMPACT Pin Presentation</li><li>— Regional Interagency Council "Chris Walker" Awards</li><li>— Service Coordinator and Case Manager of the Year Awards</li><li>— Collaborative Partner of the Year Award</li></ul>
2:00 p.m. - 3:30 p.m.	Workshop Sessions “I”
3:30 p.m.	Conference Ends

#### **When planning your selections...**

Some workshop times overlap others. Please refer to the following chart to assist you in making your choices.

For **Tuesday’s** sessions you may sign up for:

“A” session

or

“B” and “C” sessions

or

“B” and “D” and “E” sessions

For **Wednesday’s** sessions you may sign up for:

“F” and “I” sessions

or

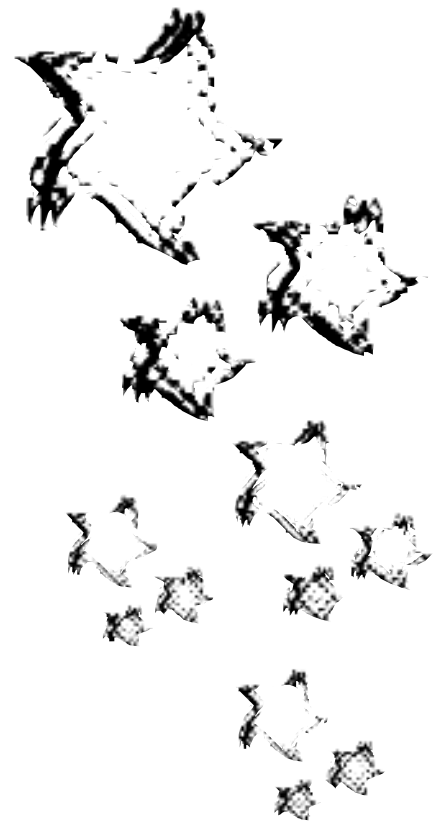
“G” and “H” and “I” sessions

# Welcome...

from the Conference Planning Committee

The statewide planning committee is very excited to bring you this collaborative conference, sponsored by the Kentucky Department of Education Division of Exceptional Children Services, the State Interagency Council for Services to Children with an Emotional Disability, the Department for Mental Health and Mental Retardation Services, the Kentucky Center for School Safety, the Office of Family Resource and Youth Services Centers, and the Department of Juvenile Justice. In a time of declining budgets, we have found excitement and strength in pooling our resources to bring you a high quality conference with only a \$50 registration fee that includes two breakfasts, two lunches, and break refreshments! State and national speakers will present on a wide variety of topics that will help us better understand and deliver services to people with behavioral and emotional challenges and their families, while also taking care of ourselves. We hope that the connections made at this conference will carry over and extend to our work once we get back to our home communities and districts.

The purpose of this special conference is to bring together educators, human services professionals, paraprofessionals, students, families, consumers, and youth to learn about quality services for people who exhibit emotional and behavioral challenges. Our mission is to achieve a more fully integrated system that promotes success through collaborative partnerships, knowledge, and understanding. We hope that you will be able to join us!



*Pam Goins*

Kentucky Department of Education

*Susan Duvall*

State Interagency Council

Conference Co-Chairs



“A little Consideration,  
a little Thought for Others,  
makes all the Difference.”

from Pooh's Little Instruction Book, inspired by A. A. Milne

## About the Conference

### Registration

Pre-registration by March 19, 2004, is required. Online registration is available, and recommended. Go to [http://mhmr.chs.ky.gov/choices\\_conferences.asp](http://mhmr.chs.ky.gov/choices_conferences.asp) so that you can immediately know if your preferred workshop selections are available. You may also mail in a completed registration form. *We cannot accept faxed registrations.* The registration fee is \$50. Payment must be by check only, payable to Choices and Changes Conference. The payment deadline is March 26, 2004. Sorry, we cannot accept purchase orders. No refunds will be given although substitutions may be made. Please see the registration page for more details.

### Welcome/Conference Opening

The conference will open with an exciting presentation by the Southern Elementary Performance Troupe from Fayette County Public Schools. Under the direction of Adam Kirk and Judi Reynolds, eighty outstanding students participate in this unique extracurricular fine arts program designed to foster student creativity, self discipline, and teamwork while providing an appreciation of the arts through dance, singing, and instrument ensembles.

*The Healing Power of Humor* will follow the Performance Troupe. Dr. Stuart Robertshaw, Professor Emeritus of Psychology and Education at the University of Wisconsin La Crosse, will share his personal journey which began in September 1987 when he started a review of the research on the benefits of humor. Three years later, he announced the formation of the National Association for the Humor Impaired. "Dr. Humor" will share with you what he has learned about the psychological and physiological benefits of humor as it relates to our profession and the necessity of taking care of ourselves.

### Continental Breakfasts

A continental breakfast will be provided both mornings of the conference, beginning at 7:30 a.m.

### Luncheons

Please join us for a casual luncheon on Tuesday, April 13. Our Annual Recognition Luncheon will be held on Wednesday, April 14, when we will announce the recipients of the Chris Walker Regional Interagency Council (RIAC) Awards and also recognize individuals who have earned Five and Ten Year Pins with IMPACT. We will announce the recipients of the Collaborative Partner of the Year Award, as well as the Service Coordinator and Case Manager of the Year Awards. Carl Hurley,

national humorist and speaker, will give the luncheon address. You won't want to miss "America's Funniest Professor."

### Exhibit Hall

In addition to housing the vendors and information booths, the Exhibit Hall will be the location of several special events. On Monday, the Exhibit Hall will open at 3:00 p.m. and continue into the evening with our Networking Suite and Book Signing. Several of our presenters will be signing copies of their books. Be sure to get your copy signed! We encourage you to look for programs and resources that will support your school or agency. Come again on Tuesday for the Networking Suite and live entertainment.

Seventy booths are available. If your company or organization would like to have a booth, please contact Pam Goins at (502) 564-4970. The booth fee is \$250 for for-profit organizations and \$150 for non-profits.

### Accommodations for Individuals with Disabilities

The Galt House East Hotel is accessible and is fully equipped to meet accessibility needs of individuals with disabilities. Services are available to participants with sensory impairments who request an interpreter or a reader in advance on their registration form. All other service requests should be brought to the attention of the conference chairpersons.

### Smoking Policy

The Galt House East Hotel policy allows smoking only in designated areas.

### Remember to Network!

Conference planners have provided time to network for conference attendees during the Networking Suite, Book Signing, and all meal functions. Meet other parents and professionals from across the state during these times, between sessions, or during breaks to chat about what you've seen and heard at the conference, recommend sessions to others, discuss programs that work, or critique new programs you've discovered while here.

### Promoting Community Supports: From SED to SMI joins Choices

The Promoting Community Supports: From SED to SMI conference, designed for adult case managers who serve adults with Severe Mental Illness and service coordinators for children with Severe Emotional Disabilities is now a part of

Choices and Changes. We have added specific workshops for those working with adult consumers, and know that they will benefit from the many additional choices. Please extend a warm welcome to them.

### Unveiling of Youth Care Certification Curriculum

Youth Care Certification is designed to promote and maintain integrity and quality of services provided to our youth in state and privately operated residential and detention facilities. We are pleased to introduce this certification process at Choices and Changes 2004. *Kentucky Youth Care Professional Certification* (B-6), will explain the credentialing process for the Kentucky Youth Care Professional Certification (KYCPC). Four additional sessions are offered that will provide some of the knowledge and skill base needed for competency for the KYCPC. Those sessions are: Professionalism (D-6); Cultural Diversity (E-6); Human Development (H-6); and Relationship and Communication (I-6). Please feel free to sign up for any or all of these KYCPC sessions. Sessions are also open to anyone interested in the topics presented.

### Special Strands

School-Based Mental Health, in particular collaboration between mental health staff, family members, and educators, is a focus of the conference. Conference workshops in this track are: *Family Members and the Wraparound Process: What It Is Like From Their Perspective* (C-6), *School-Wide Interventions and Support* (D-3), *Developing a School-Based Culture to Support Demonstrated Outcomes: Moving Beyond Utilization Review and Customer Service* (D-5), *Bully Behavior Prevention: An All-Staff Approach* (E-2), *Leading Positive Changes in Your School's Culture and Climate* (F-9), and *The Art and Science of Wraparound: A Facilitated Discussion* (I-3).

There are also several workshops that revolve around the following themes: education; parent/professional collabora-

tion; support of children, families, and consumers; direct services; self-care; prevention; leadership; transition; information about agencies and organizations; and dual diagnosis, both mental health/substance abuse and mental health/mental retardation.

### A Matter of Perspective: Very Special Arts of Kentucky Student Traveling Exhibit

This non-profit organization provides experiences in the arts for children and adults with disabilities through education and experiential opportunities. They are returning for a third time to hold a silent auction with the proceeds benefiting students of the Commonwealth.

### CEUs, EILA Credits, and Certificates of Attendance

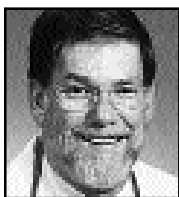
We will request twelve Continuing Education Unit (CEU) credit hours from various professional boards (see registration form for a list of professional disciplines). We will also request twelve hours of Effective Instructional Leadership Act (EILA) credit, pursuant to 704 KAR 3:325. Updates about the actual hours awarded will be posted on the website. Please fill out the information box regarding CEUs on the registration form if you intend to obtain CEUs. Certificates of Attendance may also be received for those whose professional board is not listed. **Please note that attendance at an entire session is required to receive credit in any category.**

### Noteworthy info . . .

**The Environment.** Galt House and Conference staff will work to maintain comfortable temperatures. Please be aware that differences in weather, room configuration, etc. may result in area temperature changes. Please bring clothing that can accommodate varying temperatures. We want you to be comfortable, so we highly recommend casual attire and comfortable shoes.

## Featured Speakers

"Dr. Humor" (aka Stuart Robertshaw), is a national speaker and humorist. He is the author of *Dear Dr. Humor*. His review of research led him to conclude that 15 percent of people in America are humor impaired and another 15 percent are "at risk." As he puts it, "it's no laughing matter." His research convinced him that he ought to do something to combat one of modern society's worst afflictions: terminal seriousness. He formed the National Association for the Humor Impaired and sent out a press release to announce its existence. Cartoons, classified ads, faux pas in newspapers, funny signs — they all make their way into Dr. Humor's routines. He carries a camera everywhere, always on the lookout for humor. Woven in with the humor are subtle messages about the need for caring, optimism, empathy and generosity — values we so badly need in today's world. His aim is to get people to: lighten up, keep their sense of humor alive, and remember that change isn't the end of the world.



**Stuart  
Robertshaw**

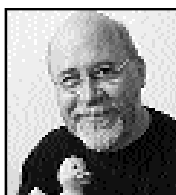
Dr. John W. Maag is a professor at the University of Nebraska - Lincoln where he specializes in the education and treatment of children and adolescents with emotional and behavioral disorders. He is a nationally recognized speaker and behavioral consultant to agencies, school districts, and organizations on best practices for managing resistance and improving relationships with others. He has published over 100 articles and book chapters dealing with these and related topics, as well as authoring three books including *Parenting Without Punishment* which won a Parent's Choice award. His most recent book is entitled *Powerful Struggles: Managing Resistance, Building Rapport*.



**John W. Maag**

Dr. Maag is a highly sought-after expert and speaker in the area of emotional and behavioral disorders. He has gained recognition as a national presenter as a result of his fast-paced, entertaining style and the usefulness of the information he presents.

People like stories! Stories are remembered long after the event. In *The Art of Storylistening: See the Forest, Hear the Trees, Create the Questions* (A-2), David Sky will take you on a journey over the river and through the woods without ever leaving the hotel. David's original stories have a balance of humor and information. His experience as a counselor gives him perspective on observing and reporting human behavior. *Storylistening* will teach you how to ask powerful questions, seek the hidden tales, and create stories to help others.



David Sky

You can also join David in *For People Like Us: Dealing with Stress and Negativity* (F-1) and *Gladness in the Now: Celebrating What We Do* (I-1). All of Sky's workshops are interactive. Come and get hooked . . .

Drawing from experiences, Kentucky native Carl Hurley delights audiences with his reflections on life as viewed by an Appalachian. Part of a family of natural-born storytellers from the hills of Laurel county, Hurley combines his innate skills as a yarn-spinner with the expressiveness of a great comic actor. With an impish giggle on his lips and a benign twinkle in his eye, Hurley spreads an infectious form of fun that is often outrageous yet always good-natured and clean. His unique comedy style, coupled with a background in public education, has earned him the title of "America's Funniest Professor." Mr. Hurley spent several years as an educator in Kentucky. A former professor of education at Eastern Kentucky University, Mr. Hurley also coordinated the university's secondary education program.



Carl Hurley

#### Directions to The Galt House Hotel

##### Hotel reservations:

Galt House Hotel is holding a block of sleeping rooms at a special rate for the conference. Request the "Choices and Changes" rates.

All workshops will be held in the Galt House East. The East side has recently undergone extensive and elegant renovations.

Rates for the West Side:	Rates for the East Side:
\$79.00 - Single or Double	\$99.00 - Single or Double
\$89.00 - Triple	\$109.00 - Triple
\$99.00 - Quad	\$119.00 - Quad

We encourage you to make your reservations early. For reservations, dial toll-free (800) 626-1814. In the Louisville area, dial (502) 589-5200. Reservation deadline is March 29, 2004.

More information on the hotel is available on the web at: [www.galthouse.com](http://www.galthouse.com).

**I-65 Traveling South....**Take the St. Louis I-64 exit after crossing the Ohio River. Take 3rd Street exit to Main Street. Turn right on Main Street. Turn right on 4th.

**I-65 Traveling North....**Take the St. Louis I-64 exit. Take 3rd Street exit to Main Street. Turn right on Main Street. Turn right on 4th.

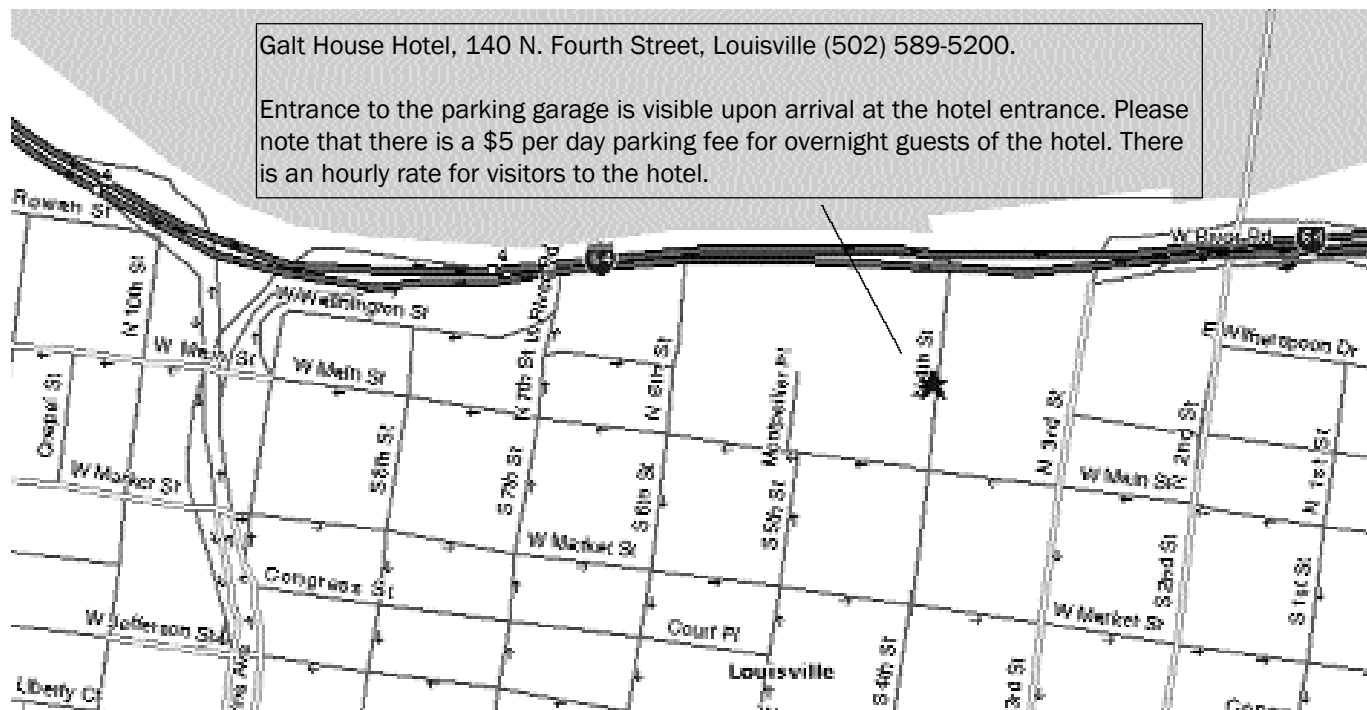
**I-64 Traveling West....**Take the St. Louis exit - 3rd Street exit. Take 3rd Street exit to Main Street. Turn right on Main Street. Turn right on 4th.

**I-64 Traveling East....**Take the 9th Street exit to Market Street. Turn left on Market Street. Go to 4th Street, turn left. Continue on 4th Street to hotel entrance.

**I-71 From Cincinnati....**Take the St. Louis-Downtown exit to the 3rd Street exit. Continue on 3rd Street to Main Street. Turn right on Main Street. Turn right on 4th.

Galt House Hotel, 140 N. Fourth Street, Louisville (502) 589-5200.

Entrance to the parking garage is visible upon arrival at the hotel entrance. Please note that there is a \$5 per day parking fee for overnight guests of the hotel. There is an hourly rate for visitors to the hotel.



**April 13, Tuesday All day**

**"A" Sessions (6 Hours)**

8:45 a.m. – 11:45 a.m., 1:30 p.m. – 4:45 p.m.

**A-1 Managing Resistance: Looking Beyond the Child and into the Mirror**

*John Maag, University of Nebraska-Lincoln, National Trainer and Consultant*

No matter what we do or where we live, we inevitably run into resistant people — both children and adults. It seems we spend a lot of time trying to get others to be more cooperative or receptive to our suggestions. But does resistance originate from their behavior? John Maag believes that it is our behavior rather than theirs that creates resistance. He will demonstrate ways of changing your behavior to reduce resistance in others.

Level: Awareness/Intermediate

**A-2 The Art of Storylistening: See the Forest, Hear the Trees, Create the Questions**

*Dave Sky, Storyteller*

Storylistening is the skill of listening deeply to the story under the stories told by clients, staff, and family members. Powerful questions will be created by using the information gathered from the story clues. Storylistening is an interactive workshop that will revitalize your listening skills. Limit of 25.

Level: Awareness/Intermediate

**A-3 Motivational Interviewing for Case Managers**

*Suzanne Carrier, Trainer and Consultant*

Resistance to change is a common human dilemma. Motivational interviewing is an approach designed to build commitment and reach a decision to change. This workshop will provide an understanding of the cycle of change and an opportunity to practice case management/service coordination skills in each stage. Motivational interviewing is useful with people who are most reluctant to change by resolving ambivalence and creating an openness to change.

Level: Intermediate

**A-4 Using Child-Centered Play to Create Emotional Intelligence**

*Mary Ortwein, Ideals of Kentucky*

During this interactive workshop, learn the four basic skills of child-centered play therapy, as taught to therapists, so parents can help children ages 3-10 increase their abilities to express emotions appropriately, make responsible decisions, manage impulses, and use role plays to work through common childhood issues (a new school, parental divorce, trouble with friendships or school, etc). Workshop will include lecture, video tapes of play sessions, group skills practice, and opportunities to practice play skills. After an overview of child-centered play, the following will be taught: showing understanding, setting limits, and joining in imaginative play. Limit of 30.

Level: Awareness/Intermediate

**April 13, Tuesday Morning**

**"B" Sessions (3 hours)**

8:45 a.m. – 11:45 a.m.

**B-1 Closing the Achievement Gap: Using the Clarifying Routine**

*Angela Bray, Upper Cumberland Special Education Cooperative*

The Clarifying Routine is a research-based instructional strategy that utilizes a graphic tool to enhance word learning and is used by classroom teachers to help students gain a clearer understanding of terms, events, places, people, or ideas taught in the general education curriculum. This will be an overview of the Clarifying Routine and how it can be used as a review routine or early in a lesson to establish a solid understanding of a key term, idea, event, place, or person.

Level: Awareness/Intermediate

**B-2 The Values Diet**

*Brad Humphrey, Jill West, Cumberland River Comprehensive Care*

Would you like to know how to win what is fast becoming America's deadliest battle — The Battle of Our Collective Bulge? According to the Centers for Disease Control, obesity is the single greatest threat our children face today. What is needed to address this challenge? What are its implications on mental and physical health? If you, your child, or a loved one is fighting "fat," this workshop is for you. You will never be able to think about "fat, America, dieting, morality, children, consumerism, schools and parenting" in the same way after attending this workshop. Limit of 40.

Level: Intermediate

**B-3 Kentucky's Initiative for Social Skills and Emotional Development (KISSED)**

*Frances Ryan, Phyllis Hall, Anderson County Regional Training Center*

This interactive workshop will give participants the opportunity to learn about KISSED, a comprehensive training for early childhood professionals to support the healthy social/emotional development of children and youth. An overview of the basic concepts that led to the development of the KISSED training will be explored. A discussion of risks young children face and ways to counter those risks will precede a review of social/emotional development.

Level: Awareness

**B-4 What's This Thing Called Parent Involvement?**

*BeLinda Henson, Franklin County Parent Resource Center*

This presentation will demonstrate to parents and professionals various ways to get involved and work together so children will not experience family and school as two different worlds.

Level: Awareness/Intermediate

## **B-5 Anger Management**

*Gretchen Roof, Cindy Cothran, Four Rivers Behavioral Health*

This workshop is geared toward practitioners who struggle with the ever-increasing number of referrals relating to children and adolescents with anger control problems. Participants will gain a clear understanding of assessing and treating anger-related issues. Particularly, we will address differential diagnosis, common causes and mitigating factors, as well as treatment approaches. Emphasis will be toward the community mental health center and its role in school settings.

Level: Advanced

## **B-6 Kentucky Youth Care Professional Certification**

*Charlie Cheek, Gary Davis, Kentucky Youth Worker Certification Project*

This workshop will introduce the Kentucky Youth Care Professional Certification program. The program is committed to developing and maintaining certification for any youth care workers in the state. The goal is to improve the quality of services provided to children and families by elevating the core knowledge, skills, credentials and professionalism of today's youth workers. There are four levels of certification that will be explained. The overview will also include directions on how to apply for 'grandfathering' status for practicing youth workers.

Level: Awareness/Intermediate

## **B-7 In Search of Learning: Nurturing the Fragile Brain**

*Linda Allen, Ohio Valley Educational Cooperative*

The first step for students with special needs is helping them build self-esteem by teaching them strategies for success. This session will present brain compatible strategies that need to be in place to provide children with learning disabilities successful experiences within school and work environments. Nine absolute "need-to-knows" for those who work with students with special needs will be highlighted for the audience. This session is interactive, motivating, and brain compatible.

Level: Awareness

## **B-8 Smiling More, Sweating Less: Leadership Solutions for the Seriously Swamped!**

*Beverly Collins, Division of Mental Retardation Services*

Is unhappiness a serious problem at your workplace? Learn simple secrets of effective leadership and give your staff, volunteers or students something to smile about! Join us as we explore leadership solutions for the terminally swamped! Guaranteed to help you sweat less while motivating others to achieve their personal best, improving quality of services/supports, and increasing satisfaction and retention. Limit of 50.

Level: Intermediate

## **B-9 Why Us? A Parent/Professional Presents a Story of Life with ADHD**

*Dottie Kraemer, Calloway County Schools*

Participants will hear the story of a family's experience with a child with ADHD. The "Good Grief Cycle" will be dis-

cussed as well as how to develop a positive response to grieving. We will discuss identification, diagnosis and treatment of ADHD. Information about life with a child with this disorder will offer practical strategies to help parents and professionals.

Level: Awareness/Intermediate

## **B-10 Advanced Service Coordination: Toolboxes and Surfboards (Building Services and Riding the Waves of the Future)**

*LeAnn Magre, IMPACT Plus; Dawn Corcoran, Salt River RIAC*

This workshop is designed to increase the skills and knowledge base of IMPACT and IMPACT Plus Service Coordinators who have completed IMPACT Service Coordination 101. Participants will be introduced to a variety of topics about acquiring advanced service coordination skills including: transition planning, conflict resolution, documentation, discharge planning, making appropriate referrals, and utilizing supervision effectively. The wraparound model and philosophy will be interwoven throughout the workshop to provide participants with further exposure to the model.

Level: Intermediate

## **B-11 The Human Side of Crisis Response**

*Renelle Grubbs, Kentucky Community Crisis Response Board*

In this workshop, learn about the need to plan for psychological first aid in the aftermath of crises and disasters. Key concepts in disaster mental health will be shared, along with special considerations for families and children. An overview of evidence-based early psychological intervention for victims and survivors will be presented, along with research findings following September 11.

Level: Awareness

## **B-12 Adolescent Substance Abuse: Current Trends and Techniques**

*Barry Kellond, Division of Substance Abuse Services*

Adolescent substance abuse remains a serious health issue in America. While much has been done to address this dilemma, there exist gaps in services for this vulnerable population. An overview of current drug use statistics will be presented, with a focus on Kentucky data. The public health model of preventing substance abuse will be discussed with examples given for each strategy. Signs and symptoms of abuse and intervention techniques will be covered, as well as an overview of treatment resources in the state.

Level: Awareness/Intermediate

## **B-13 The Enneagram: Understanding Self and Others**

*Carol Whipple, Trainer and Consultant*

This experiential workshop serves as an introduction to the Enneagram — a psychological system providing insight into nine dramatically different personality types and their values, communication styles, and interrelationships. We will discover the strengths and potential liabilities of the nine different character structures and value systems and how to leverage them within organizational culture. Limit of 30.

Level: Awareness



#### **B-14 Facilitating Developmental Attachment**

*Karen Cowley, Division of Mental Retardation Services*

This workshop will provide an overview of the importance of “good enough” attachment between the child and the primary caregiver, and how it leads to the child having healthy, productive relationships, positive self-esteem, empathy, and good mental health. Also discussed will be the possible behavioral and psychological effects of poor attachment.

Level: Awareness

#### **B-15 Put Reading First: Building Blocks for Teaching Children to Read**

*Denise Bailey and Felicia Cumings Smith, Kentucky Department of Education*

*Kentucky Reading First* and other literacy initiatives recognize that support from school leaders is one of the key components to successful implementation of effective reading instruction strategies. This session will focus on building a learning system for teaching children to read and the role of administrators in this process. *Kentucky Reading First* and how it affects children with disabilities will be discussed.

Level: Awareness

### **April 13, Tuesday Afternoon**

#### **"C" Sessions (3.0 hours)**

1:30 p.m. – 4:45 p.m.

#### **C-1 Closing the Achievement Gap: Using the Concept Comparison Routine**

*Angela Bray, Upper Cumberland Special Education Cooperative*

The Concept Comparison Routine (a Content Enhancement Routine) is a research-based instructional strategy developed by the University of Kansas Center for Research on Learning. A graphic is used to specify two or more concepts and to explore salient characteristics that are not common between or among the concepts. It encourages higher-order thinking as students are guided in identifying larger categories into which the similarities and differences can be grouped. This routine actively engages the student in creating a summary statement that demonstrates understanding about the similarities and differences between or among concepts.

Level: Awareness/Intermediate

#### **C-2 The Brain and Behavior . . . Like Never Before!**

*Brad Humphrey, Cumberland River Comprehensive Care*

Come see what's new with one of the most critical elements of our nature...our brain! We have learned as much about the brain in the last ten years as we have in the last two hundred. If you have the slightest interest in philosophy and the great ideas that shape history, which have immediate implications for your personal development, public policy and our national destiny, you will be bowled over by our ideas and thinking! Please join us for this compelling exploration of the human experience. You may never see the world and human beings in the same way again! Limit of 40.

Level: Intermediate

#### **C-3 Family Sculpting or Better Yet - "Wow! Now I Get It!"**

*BeLinda Henson, Franklin County Parent Resource Center*

This interactive session sheds light on the impact that a child with a disability has on a family and how the family dynamics are affected. Participants will explore the barriers that may exist when building communication between families of children with disabilities and agencies.

Level: Awareness/Intermediate

#### **C-4 Wellness Recovery Action Plan (WRAP)**

*Carolyn Kates-Glass, John Rucker, Kentucky Consumer Advocacy Network (KY-CAN)*

Mary Ellen Copeland's Wellness Recovery Action Plan (WRAP) is a process that guides consumers through an analysis of their behaviors in different circumstances and triggers for problem behaviors. Identification of strategies and a crisis plan are part of this model. The analysis of each area is followed by the development of a corresponding Action Plan that is customized to meet the needs of individual consumers.

Level: Awareness/Intermediate

#### **C-5 Family Members and the Wraparound Process: What It is Like from Their Perspective**

*Barbara Greene, Penny Carter, Nancy Stoner, Tom Witt, Bridges Project*

This workshop will describe the wraparound philosophy and its impact on families and will provide a parent perspective on the wraparound team. Professionals can gain insight on how a parent sees her- or himself as part of the wrap-around team.

Level: Intermediate

#### **C-6 What's New in Treating Co-occurring Disorders of Mental Health and Substance Abuse?**

*Edwin Hackney, Trainer and Consultant*

This workshop will provide information on current best practices in serving adults with severe mental illness and co-occurring substance abuse disorders. Material presented in this workshop will help you understand the dynamics of living with a mental health and substance abuse disorder and will provide useful tools for case managers and clinicians to effectively address this challenge. The workshop will discuss developing and implementing an integrated system for adults with a co-occurring disorder.

Level: Intermediate

#### **C-7 Collaboration: Special Education/Regular Education**

*Denise Bailey, Brenda Rue, Kentucky Department of Education*

Presented by a special education teacher and a general education teacher who have successfully taught together for the past eleven years, this workshop will provide insight on the collaborative classroom. Participants will gain a better understanding of what collaboration in the classroom is — or isn't, the roles and responsibilities in a collaborative classroom, and how to make this environment work. Participants

will also gain numerous strategies to help students be successful in the collaborative classroom.

Level: Awareness

## **April 13, Tuesday Afternoon**

### **"D" Sessions (90 minutes)**

1:30 p.m. – 3:00 p.m.

#### **D-1 ABC's of Teaching Students with ADHD, EBD and all the Other Letters of the Alphabet**

*Alisa Borders, Boyd County Schools*

ADHD, EBD, OCD, ODD, LD? How does a teacher control the most severe behaviors and still have time to teach? Explore an alphabet of reasons why students have these behaviors and learn effective interventions used in an elementary day treatment classroom for students with severe behaviors.

Level: Awareness

#### **D-2 Emotionally Safe Classrooms**

*Leigh Ann Ford, Melinda Adkins, Pike County Schools*

Student behaviors and academic skills will improve when teachers provide an environment where the students' basic human needs are met. This session will discuss how elementary teachers can create an emotionally healthy classroom by implementing simple preventive techniques.

Level: Awareness

#### **D-3 School-wide Interventions and Supports**

*Carole Combs, May Valley Elementary, Floyd County Schools*

May Valley has established a three-tiered model of positive behavioral supports: universal or school-wide, targeted, and intensive. The entire school worked to establish school-wide and classroom expectations for all students, called the Student Guidelines for Success. These guidelines are taught to all children and adults to establish consistency across settings. Appropriate behavior is rewarded by staff members. Come learn how implementing such a system can improve the academic performance and mental health of your students!

Level: Awareness

#### **D-4 Department of Juvenile Justice: Myths and Facts**

*Vicki Reed, Department of Juvenile Justice*

This is a chance for participants to understand more about the full range of services offered by the Kentucky Department of Juvenile Justice — the limitations of this system, its other initiatives and how they interface with the mental health and educational systems.

Level: Awareness

#### **D-5 Developing a School-Based Culture to Support Demonstrated Outcomes: Moving Beyond Utilization Review and Customer Service**

*Ron Van Treuren, Seven Counties Services, Inc.*

This workshop focuses on the culture of mental health/school partnerships in service delivery. Traditionally,

the mental health culture has focused on utilization review and customer services to support quality care. We are increasingly aware of the need to incorporate evidence-based practices and demonstrate positive outcomes in the children we serve. This presentation provides research examples for both behavioral and academic outcomes.

Level: Intermediate/Advanced

#### **D-6 Professionalism for Youth Care Workers**

*Marsha Goffinet Esarey, Kristy Young, Maryhurst*

Presenters will provide a history of youth work, including the current and emerging trends. Desired qualities of youth care workers will be discussed, including empathy and honesty. Skills addressed in this workshop include boundary setting, stress management, resources and relevant laws in the area of youth work.

Level: Awareness/Intermediate

#### **D-7 A Model for Successful Transition from Health Care to School for Children with Acquired Brain Injury**

*William Kraft, University of Louisville, Frazier Rehabilitation Institute*

This presentation provides an overview of research, history, and practical issues that health care providers, educators, and families can utilize in preparing for and implementing a successful transition from a health care environment to school for children with acquired brain injury.

Level: Intermediate

#### **D-8 Increasing Joy, Laughter and Fun in the Workplace: Developing an Action Plan**

*Stuart Robertshaw (Dr. Humor), National Association for the Humor Impaired*

It is by now common knowledge that health studies support the old adage that laughter is the best medicine. Basically, laughing makes you feel good and it reduces stress. Doesn't it make sense to let more laughter into the workplace, the source of a lot of people's stress? In this workshop, you will develop an action plan to include humor in the work environment to stimulate creativity, productivity, and team building.

Level: Awareness

#### **D-9 Developing the Consultative Capacity of the Regional and State Interagency Councils**

*William Heffron, Department of Juvenile Justice, Colleen Ryall, Division of Mental Health — Brain Injury Services Unit*

Two recent SIAC workgroups on Brain Injury and Co-occurring Disorders have focused on using the interagency, interdisciplinary model when dealing with children with challenging behaviors in challenging situations. Learn more about the particular progress of each work group and how this model may be used at the regional level to serve children closer to home.

Level: Awareness

**April 13, Tuesday Afternoon**

**"E" Sessions (90 minutes)**

3:15 p.m. – 4:45 p.m.

**E-1 Stress Reduction Workshop for Caregivers**

*Corlia Logsdon, Kentucky Department of Education, Paige Sexton, Governmental Services Center*

This interactive workshop will explore the symptoms and common causes of stress. Participants will assess their own stress-related behaviors and determine their "Stress Profiles." Various types of stress management strategies will be explored, and participants will begin work on their own stress reduction plans.

Level: Awareness/Intermediate

**E-2 Bully Behavior Prevention: An All-Staff Approach**

*Jody Christerson, Northern Kentucky Health Department, Rose Mary Hoffman, Kenton County Schools*

This interactive workshop will highlight the skills taught in *Steps to Respect*, a bully-prevention program written by the nonprofit Committee for Children which teaches children not to victimize others. Stepwise directions on implementing this innovative program will be covered. Participants will also learn how to teach their students to recognize, refuse and report bullying behavior. We will discuss the importance of an anti-bully policy and offer suggestions on how to implement such a policy in schools.

Level: Awareness

**E-3 Mental Health Services, Supports, and Programs for Children and Youth in Kentucky: There's More than You Think**

*Paul Andis, Consultant; Beth Armstrong, Division of Mental Health; Mary Beth Jackson, Department for Public Health; Frances Ryan, Anderson County RTC; Gayla Hayes, Kentucky Partnership for Families and Children; Christopher Cecil, State Interagency Council*

Directed especially to consumers, service coordinators, and policymakers, this forum will provide an overview of children's mental health services, supports, and initiatives that are currently available in the state. Panel members will detail what is available through their agencies or organizations and how to access these services. This workshop is intended to stimulate opportunities for cross-organizational collaboration among children's mental health programs.

Level: Awareness

**E-4 Involving Youth in Making Changes**

*Carol Cecil, Kate Overberg, Carmilla Ratliff, Kentucky Partnership for Families and Children (KPFC)*

Kentucky Partnership for Families and Children, Inc.'s Youth Council, created in 1999, has evolved into a cohesive group of youth that find support from one another. This workshop will discuss how to start a youth council in your region, possible activities, strategies and tips for engaging youth and their parents, and the benefits of participating on a youth council.

Level: Awareness/Intermediate

**E-5 Connecting Kentucky's Program of Studies, Core Content for Assessment, and Transformations Documents to IEPs: Can You Really Do That?**

*Dana Harader, Murray State University*

Writing Individualized Education Programs (IEPs) for students with special needs is a daunting task, and making sure each student has access to the general curriculum may make it seem overwhelming. This session will provide participants with a process to systematically consider student educational needs, take information directly from Kentucky curriculum and assessment documents, and write effective and measurable IEP annual goals, objectives/benchmarks, and specially designed instruction.

Level: Intermediate

**E-6 Cultural and Human Diversity for Youth Care Workers**

*Pam Cotton, Mark Johnson, Cultural Competency Trainers*

Youth care workers must be aware of cultural structures and variations among families and communities. Cultural and human diversity includes many aspects such as race, religion, socioeconomic status, geographic location, educational level, physical stature, etc. This workshop will help to increase sensitive practice methods.

Level: Awareness/Intermediate

**E-7 Sexual Abuse – Tells and Tales**

*Michelle Gish, Hopkins County Schools*

This session will examine emotional trauma caused by sexual abuse. Emotional trauma in relation to sexual abuse is misunderstood and oftentimes overwhelming to many in the school and community. It is critical for those in contact with children to know the warning signs of abuse and to be able to develop and implement a firm plan for survival.

Level: Awareness/Intermediate

**E-8 Addressing Achievement Gaps through Family Resource and Youth Services Centers (FRYSCs)**

*Michael Denney, Office of Family Resource and Youth Services Centers*

The session will provide a brief introduction to achievement gaps within Kentucky's schools followed by a thorough discussion of ways that FRYSCs can assist with services to decrease these gaps. Information will be given as to how the FRYSCs' mandated core components present an excellent platform for dealing with those subsets of the student population which are in defined achievement gaps. Participants will brainstorm other avenues of integrating the FRYSCs in closing achievement gaps.

Level: Intermediate

**E-9 Department for Community Based Services: Comprehensive Family Services**

*Kelly Staples, DCBS*

Comprehensive Family Services (CFS) is a strength-based, prevention-oriented and family-focused way of doing the work of the Cabinet for Families and Children. This workshop will present information on CFS as it specifically relates to service-

es provided by the Department of Community Based Services to families with whom they work.

Level: Awareness/Intermediate

## **April 14, Wednesday Morning**

### **"F" Sessions (3 Hours)**

8:15 a.m. – 11:30 a.m.

#### **F-1 For People Like Us: Dealing with Stress and Negativity**

*Dave Sky, Storyteller*

This workshop will allow you to use your strengths when you are surrounded by stress and negativity. Stress is the body's way of telling us of a threat. Negativity is behavior characterized by unfounded resistance to suggestions, orders, and instruction. This program will identify methods to help you channel through stress and negativity.

Level: Awareness/Intermediate

#### **F-2 Crisis to Care . . . What an Opportunity!**

*Jill West, Vivian Woods, Cumberland River Community Care*

Would you like to learn how to de-escalate an angry citizen who is becoming verbally or physically aggressive? Would you like to gain confidence in how to intervene, prevent, and manage self-destructive or destructive behavior? Then join us for this values-based, research-guided, and action-oriented workshop!

Level: Intermediate

#### **F-3 Creating and Sustaining Emotionally Responsible Caregivers**

*Linda McAuliffe, Division of Mental Retardation Services*

Emotionally responsible caregiving is essential for establishing abuse-free caregiving environments. The responsible role of caregivers includes gaining command of ourselves rather than controlling others. Participants will learn a "Code of Conduct" for providers that minimizes conflict and improves interaction with people they support on a daily basis. Emotionally responsible caregiving is the cornerstone of positive behavioral supports.

Level: Awareness/Intermediate

#### **F-4 Working with Parents: A Model for Training Parents to Foster Children's Healthy Emotional Development**

*Deborah Ann Edds, Nelson County Schools*

Participants will be introduced to a model of parenting that encourages healthy emotional development. The model emphasizes positive, proactive strategies that focus on building nurturing relationships, setting appropriate boundaries, and utilizing appropriate consequences. This workshop is useful for parents and professionals.

Level: Intermediate

#### **F-5 Suicide Prevention – It's Everybody's Business**

*Robert Robey, Kentucky Suicide Prevention Planning Group*

This session will provide information on the scope of suicide as a health problem in the United States and Kentucky. An overview of efforts by the Kentucky Suicide Prevention Planning Group will be given. The main focus of the session

will be the QPR (Question, Persuade, & Refer) Gatekeeper training. A gatekeeper is anyone in a position to recognize a crisis and warning signs that someone may be contemplating suicide. The training gives participants the tools to react appropriately when faced with suicidal warning signs in peers or others.

Level: Awareness/Intermediate

#### **F-6 "Experts" Together: Parent-Professional Partnership**

*Melanie Tyner-Wilson, Educational Mediator; Eva Markham, University of Louisville, Weisskopf Center*

In this presentation the literature regarding the importance of parent involvement in programming for children will be reviewed. Emphasis will be placed on the importance of establishing a working relationship between parents and child clinicians. The effects of parenting stress will be covered, as well as the importance of parent empowerment for child advocacy.

Level: Intermediate

#### **F-7 Using Outcomes to Support Strengths-based Treatment Planning, Discharge Planning, and Supervision**

*Carla Mahan, LeAnn Magre, IMPACT Plus*

This workshop will teach about the valuable uses of outcomes information in the treatment planning process. Participants will learn how to use outcomes information as an assessment tool to gather the strengths and needs of a client and family and to help build goal-directed treatment plans (and a plan for discharge). The use of outcomes within supervision will also be discussed, teaching supervisors how to utilize information to work with individual employees, and how to use outcomes to assess program issues. Direct care providers will learn how to take specific information gleaned from outcomes to their supervisor for guidance and direction.

Level: Advanced

#### **F-8 The Critical Crossroads: Addressing Mental Health Needs in Persons with Mental Retardation**

*Karen Cowley, Division of Mental Retardation Services*

This workshop offers an overview of mental health needs in persons with mental retardation including: how many people with mental retardation have mental illness; why people with mental retardation develop mental illness and behavior problems; how mental illness is diagnosed in persons with mental retardation; what types of treatment and support are available; what resources, networks, and services are available; and what we need for the future.

Level: Awareness/Intermediate

#### **F-9 Leading Positive Change in Your School's Culture and Climate**

*Toyah Robey, Kentucky Department of Education*

This session will lead administrators towards a better understanding of what school culture and climate are, the characteristics of a healthy school culture and climate, and the administrator's role in the change process.

Level: Awareness/Intermediate

## **F-10 Common Therapeutic Interventions for Individuals with Borderline Personality Disorder**

*Michelle Carter, Bluegrass Regional Mental Health/Mental Retardation Board*

Individuals that have Borderline Personality Disorder (BPD) are thought to be some of the most difficult individuals to treat. Therefore the dynamics of this diagnosis and common reaction of professionals towards the population become especially important. This workshop will focus on evidence-based therapeutic interventions for BPD that will help to provide consistent and effective care for these clients.

Level: Intermediate

## **F-11 The Intentional Care Approach to Supporting Client Choice**

*Lauren Blackwell, Seven Counties Services*

Intentional Care Performance Standards have been developed by Advocates, Inc. and Patricia E. Deegan to help bridge the gap between principles of recovery and empowerment and the real-world application of these principles in the everyday work of direct service staff and supervisors. Client choice has been identified as one of the fundamental principles of the recovery process. Knowing how to respond to client choice, especially when the choice appears to be a safety risk or self-defeating is difficult. The Intentional Care Performance Standards were developed to guide staff in more empowering ways to respond to client choice.

Level: Awareness

## **F-12 The Soul Providers: Supporting Grief and Loss in Children with Disabilities**

*Beverly Collins, Division of Mental Retardation Services*

Are you a "soul provider"? Death, dying and loss affects children with disabilities similarly to children without disabilities. Learn creative ways of assisting with the grieving process and explore the resources and alternative means to help adults become better "soul providers" and support systems. You'll gain a better understanding of the emotional, spiritual, socio-cultural, and physical components of how grief for children with disabilities manifests and how you can aid in the grieving process.

Level: Intermediate

## **April 14, Wednesday Morning**

### **"G" Sessions (90 minutes)**

8:15 – 9:45 am

## **G-1 Kentucky's Advocate in Action Self-Determination and Leadership Program**

*Patty Dempsey, The Arc of Kentucky*

This is a presentation about the Advocate in Action Project, which is a program designed to train individuals with disabilities and their family members how to advocate for themselves. This project was instrumental in the passage of HB 501, a self-determination bill, during the 2003 General Assembly which will be discussed.

Level: Awareness

## **G-2 Accessible Material for Our Students**

*Karen Ender, Kentucky Accessible Materials Consortium*

The Kentucky Accessible Materials Consortium (KAMC) was created by a partnership between the Kentucky Department of Education and the University of Louisville to facilitate the process of providing accessible content for students who need alternate access to printed material. The KAMC is working with the Center for Applied Special Technology to provide high quality versions of electronic textbooks to schools which have purchased a site license for text reader software. This workshop will describe what KAMC has to offer and will also explain the process that schools will face in Phase One.

Level: Awareness

## **G-3 An Overview of Family Focused Positive Behavior Supports: A Collaborative Intervention Model for Individuals with Autism Spectrum Disorders**

*John Burke, Kelly Shepperd, Richard Hudson, Kentucky Autism Training Center*

Participants will receive an initial overview of the Family Focused Positive Behavior Support (FFPBS) Model used for individuals with autism spectrum disorders and their families. The major characteristics of the FFPBS are: team collaboration, family/individual focus, increase of adaptive behaviors, comprehensive support plan, and functional and proactive approach with quality of life the focus of all activities. In addition, the presentation will outline the roles of potential team members and survey areas of training and data collection procedures for the FFPBS.

Level: Awareness

## **G-4 Dangerous Kids: A Boy's Town Approach**

*Michelle Gish, Hopkins County Schools*

Why are today's youth turning to such deadly and violent acts to solve their problems? Society is in a fight for its very life to answer this difficult question. It shocks us to hear that kids are killing kids and adults, but it is occurring at an unbelievable rate. *Dangerous Kids* is a 90-minute session based on the Boys Town approach for helping caregivers treat aggressive and violent youth.

Level: Awareness/Intermediate

## **G-5 Pediatric Obesity: Choices to Change the Trend**

*Joan Griffith, University of Kentucky*

This interactive session will review the recent national and state demographic data that lists Kentucky among the top ten states with an increased prevalence of obesity. We will discuss the morbidity and mortality associated with chronic obesity and discuss some of the principles unique to children who exhibit challenging behavior. We will present several options for producing lifestyle changes and the obstacles that prevent intervention. We will discuss the cooperative efforts needed to increase awareness, education, and innovation that can change the trend of obesity.

Level: Intermediate

## **G-6 Guardianship**

*Dana Bullock, Pulaski County Schools*

This workshop will discuss in detail the steps necessary to become guardian for a child with special needs who is approaching his or her 18th birthday and is not ready for the responsibility of being an independent adult. This is an excellent opportunity to learn more about the process and assist parents in deciding if guardianship is the right choice for their child. The presenter is a parent of a child with disabilities and has recently completed the guardianship process.  
Level: Awareness

## **April 14, Wednesday Morning**

### **"H" Sessions (90 minutes)**

10:00 a.m. – 11:30 a.m.

#### **H-1 Facility-Wide Programming: Innovative Strategies that Enhance Residents' Success**

*Rebecca Painter, Kelly Copas, Dero Downing, Michael Roebuck, Yolanda Reid, Robert Turner, Warren Regional Juvenile Detention Center*

This workshop will provide strategies for maintaining an effective learning environment where all residents routinely experience success through a variety of learning activities. These planned activities address individual resident's cognitive, academic, social, emotional, and physical needs. Concluding remarks will address our career focus through the Work Adjustment Model and Learning Styles Inventories.  
Level: Awareness

#### **H-2 IMPACT 101**

*Christopher Cecil, State Interagency Council; Deborah Anderson, Opportunities for Family Leadership; Randy Oliver, Division of Mental Health*

This orientation is targeted for new and experienced RIAC members who want a refresher course about the function of child specific service teams, Regional and State Interagency Councils, and the role of parent representatives and parent liaisons through hands-on activities and discussion. This session will give an overview of the process by which families are served by Kentucky IMPACT and the IMPACT funding process.

Level: Awareness

#### **H-3 Recognizing and Dealing With Difficult People**

*Corlia Logsdon, Kentucky Department of Education; Paige Sexton, Governmental Services Center*

Through the course of our daily lives, we all come across individuals whom we find difficult. This interactive workshop will allow participants to identify several difficult personality types and examine behavior patterns that each personality type tends to display. Workshop participants will identify strategies which they can employ to improve interpersonal interactions with these individuals.

Level: Awareness/Intermediate

## **H-4 Supports for Early Care and Education: Community Early Childhood Councils**

*Kim Townley, Kentucky Department of Education – Division of Early Childhood*

By developing effective collaborations between districts and early childhood councils, we are fostering long-term, positive results for children and communities. We must assist communities and districts in recognizing that quality early childhood experiences carry over to children K-12 and beyond. This session will discuss the positive impact of quality early care and education, and of local programs that support quality early care and education. Sample Community Early Childhood Council activities will also be discussed.

Level: Awareness/Intermediate

## **H-5 Reaching All Students through Universal Design**

*Linnie Calland, Kentucky Department of Education*

Providing a flexible curriculum and learning environment is the foundation of Universal Design for Learning. Technology software helps teachers achieve an optimal learning environment. This workshop will give teachers multiple strategies for the following: means of presenting information, means of how students express learning, and means of engaging students.

Level: Awareness/Intermediate

## **H-6 Applied Human Development for Youth Care Workers**

*Russ Williams, Bellewood Presbyterian Children's Home*

This workshop will focus on both individual and family development. It is necessary to be aware of an individual's level of development when setting goals and realistic expectations. How does crisis and family structure affect a person's development? This workshop will give the youth care worker some basic knowledge in the area.

Level: Awareness/Intermediate

## **April 14, Wednesday Afternoon**

### **"I" Sessions (90 minutes)**

2:00 p.m. – 3:30 p.m.

#### **I-1 Gladness in the Now: Celebrating What We Do**

*David Sky, Storyteller*

David's stories will allow for celebrating our accomplishments and enjoying our victories in life. We all need to laugh and feel appreciated. This program will have you laughing your way to gladness in the now. We have worked hard, we deserve it!

Level: Awareness/Intermediate

#### **I-2 Kentucky's Early Childhood Mental Health Initiative/HANDS – Is it Really Working?**

*Vanessa Brewer, Marybeth Jackson, Cabinet for Health Services*

This session will provide a general overview of the Early Childhood Mental Health Initiatives and the process of delivery. The session will also provide participants with an overview of the HANDS program and the benefits of home visitation for first-time parents.

Level: Awareness

### **I-3 The Art and Science of Wraparound: A Facilitated Discussion**

*Vestena Robbins, Beth Armstrong, Division of Mental Health*

Wraparound, an important component of a school-wide system of positive behavior supports, is a process to implement interagency collaboration on behalf of youth and their families. Drawing from Lucille Eber's recently released video and instructional manual, "The Art and Science of Wraparound," this presentation will provide participants with practical strategies for integrating elements of the wrap-around process into their current practice.

Level: Awareness/Intermediate

### **I-4 Connecting the IGP and IEP: Tools for Successful Transition**

*Shelia Holloway, Ohio Valley Educational Cooperative*

Going on a trip requires proper planning. In this session, we will learn how to assist our students with planning for the trip of life after high school. By using the Individual Graduation Plan and the Individual Education Program, we can help students plan the route to take and give them the supports they need to be successful in adult life.

Level: Intermediate

### **I-5 Promoting Success for Students with ADHD in a Collaborative Classroom**

*Cindy Paschall and Sonia Howe, Ballard County Schools*

There are clear, concise methods that work for students with Attention Deficit Hyperactivity Disorder. This session will explore teaching strategies that bring academic success to students with ADD/ADHD. Learn ways to inform and involve parents. An overview of the characteristics of ADD/ADHD will be presented as well. Participants will leave with strategies and practical suggestions to take back and utilize with their own students.

Level: Awareness/Intermediate

### **I-6 Relationship and Communication Skills with Individuals and Groups for Youth Care Workers**

*Gary Davis, Kentucky Youth Worker Certification Project; Amy Moore, Maryhurst*

Relationships are the basis of most therapeutic interventions. Youth care workers must depend upon relationships and communication as the main skills used in their daily interactions. This workshop will focus upon characteristics of helping relationships, group dynamics, and teamwork. Participants will gain knowledge of healthy interpersonal relationships for personal as well as professional areas of life.

Level: Awareness/Intermediate

### **I-7 Basic Gang Awareness**

*Cathy Blackburn, Jefferson County Schools, Chris Heaps, Louisville Police Department*

This workshop is designed to give participants a general overview of current gang trends. The workshop consists of a PowerPoint presentation, videos, handouts, and actual gang paraphernalia. \*Note: This workshop is limited to adults only.

Level: Awareness

### **I-8 Using Mediation as a Tool for Conflict Resolution**

*Melanie Tyner-Wilson, Educational Mediator*

This session will provide participants an opportunity to explore the way they personally approach problem-solving. The focus will be on specific individual styles involving conflict, mediation, and conflict resolution. The session will provide an overview of the federal and state guidelines for resolving disputes in the special education process and provide resources. It will provide a means to increase communication skills, increase understanding of the mediation process, and the value of mediation.

Level: Awareness

### **I-9 Meeting the Needs of Bilingual Families**

*Maria Scharfenburger, Seven Counties Services, Inc.*

This workshop focuses on working with bilingual families to connect them with community and education resources and becoming familiar with issues that impact the immigrant, migrant, and refugee populations. Participants will be given examples, general resources, best practices, and experiences.

Level: Awareness

### **I-10 Employing an Attitude of Respect as a Management Philosophy**

*John Hodge, Kentucky Tech*

An attitude of respect is the cornerstone for providing a safe, caring environment for teaching and learning. Respect encourages a high level of physical and emotional interaction throughout the school while reducing disciplinary actions and improving attendance. This session will focus on the techniques this administrator uses to implement respect as a strategy for quality performance by students and staff.

Level: Awareness

### **I-11 Social and Behavioral Interventions for Individuals with Autism in the General Educational Setting**

*Tricia Hosey, Henry County Schools*

This session describes behavioral intervention strategies used for students with autism in the general education setting. Interventions focus on increasing positive social interaction, and organization. Interventions that will be discussed are social stories, mini contracts, social cue cards, video self modeling, and others.

Level: Awareness

### **I-12 The Dark Forest of Transition**

*Leslie Lederer, Heidi Schissler Lanham, Protection and Advocacy*

In this workshop we will examine state and federal laws regarding transition. Since a truly successful and meaningful transition process is the result of team planning that is driven by the needs, goals, and interests of the student, we will look at the student's role as an active/self-determined member of the team as well as the roles of other participants. Using case scenarios and the information presented, participants will create a meaningful transition plan.

Level: Intermediate



## How to Register

Registration fees for this year's conference will be \$50 per person attending. Invoices and billing directions will be mailed to the party identified in the Billing Information Section of the registration form. All payments must be received by March 14, 2004. You may register one of two ways:

### Option 1: Online Registration (**STRONGLY ENCOURAGED**)

Online registration is strongly encouraged, as it will allow you to secure workshop selections more quickly. Confirmation of your attendance is provided once the registration information has been submitted.

1. Access the following Internet site: <http://mhmr.chs.ky.gov>  
Click on the "Conferences" link and choose "2004 Choices and Changes."
2. Review either the "Workshop Descriptions" link or download a PDF of the registration brochure to determine your workshop selections.
3. When you have selected your workshops, click the "Registration" link.
4. Complete the registration form. Remember that all categories marked with a red star are required and must be completed to submit your registration.
5. Once completed and correct, press the submit button at the bottom of the form. **PLEASE ONLY PRESS THE BUTTON ONCE.** The system speed may be slow and require a few moments to process.
6. Confirmation of your registration will be provided to you, after the system has processed your registration. **PLEASE REMEMBER TO PRINT OUT A COPY OF YOUR REGISTRATION CONFIRMATION.**
7. A billing invoice and billing directions will be sent to the party identified in the Billing Information Section of the registration form. All payments must be received by March 14, 2004.
8. Please bring confirmation printout to check-in at the Galt House East.

### Option 2: Mail-in Registration

To register for the conference through the mail, please follow these steps:

1. Complete the registration form on the next page. Please remember that it is important to **COMPLETE THE ENTIRE FORM**. If you will not attend certain sessions, please write "none" in those categories. If possible, please include a check made payable to *Choices and Changes 2004*.
2. After your registration has been received and processed:
  - Confirmation letter of your registration will be mailed to you.
  - If a check is not enclosed, a billing invoice will be sent to the party identified in the Billing Information Section of the registration form. All payments must be received by March 14, 2004.

**THERE WILL BE NO ON-SITE REGISTRATION OR RECEIPT OF PAYMENT**  
*Please note we cannot accept purchase orders or credit cards.*



### About CEUs, EILA Credit, and Certificates of Attendance

**CEUs.** Continuing Education Unit (CEU) certification will be requested for a maximum of 12 hours from the Kentucky Boards of: Social Work, Nursing Home Administrators, Marriage and Family Therapy, Professional Counselors, Fee-Based Pastoral Counselors, Professional Art Therapy, Psychology, and Alcohol and Drug Counselors. Up to 12 contact hours will be awarded by the Dept. for Mental Health and Mental Retardation Services, an approved provider by the Kentucky Board of Nursing for individuals who complete the requirements in approved courses. Kentucky Board of Nursing approval does not constitute endorsement of the program content.

**EILA credits.** A maximum twelve (12) hours Effective Instructional Leadership Act credit will be awarded pursuant to 704 KAR 3:325.

**Certificate of Attendance.** Individuals needing proof of attendance whose occupations or roles are not covered through the categories above need to select the "Certificate of Attendance" option.

**To obtain CEUs, EILA credit, or Certificates of Attendance will require each participant to:** 1) sign-in with each workshop facilitator PRIOR to each workshop; 2) attend the entire workshop; and 3) return a completed evaluation for each workshop attended.



## Choices and Changes: Making the Difference Registration Form

To register by mail, fill out this form (front and back) and send to the address listed at right. Registration is secured upon receipt of payment, so please remember to enclose your payment with this registration form. Registration fees for this year's conference is \$50 per person attending. Checks should be made payable to: Choices and Changes Conference. Registration deadline is March 19, 2004.

Mail completed form with payment to:

State Interagency Council  
Choices and Changes: Registration  
100 Fair Oaks Lane, 4W-C  
Frankfort, KY 40621

*No faxed copies please.*

### Attendee Information (required)

First Name   
Middle Initial   
Last Name   
Agency   
Special needs   
Address   
Address 2   
City   
State   
Zip   
Phone   
E-mail

#### CEUs, EILA Credit, Certificates of Attendance - see instructions on previous page.

Check and complete, if needed, appropriate box

☐ CEU License Number   
Expiration   
Prof. Membership   
SSN

☐ EILA  
☐ Certificate of Attendance  
☐ None

#### Participant Category:

- |  |   |
|--|---|
| <input type="checkbox"/> <b>Educator</b> (employed by Local Education Agency or Educational Cooperative)   | <input type="checkbox"/> <b>Parent/Foster Parent/Parent Resource Center staff</b> |
| <input type="checkbox"/> <b>Family Resource and Youth Services Center staff</b>  | <input type="checkbox"/> <b>RIAC Members</b> (other than categories listed above) |
| <input type="checkbox"/> <b>Mental Health/IMPACT or IMPACT Plus staff</b><br>(employed through Comprehensive Care Center or IMPACT Plus subprovider, Dept. for Mental Health/Mental Retardation Services or Eastern Kentucky University) | <input type="checkbox"/> <b>Dept. of Juvenile Justice staff</b>                   |
|  | <input type="checkbox"/> <b>Other</b> (please specify)                            |

### Billing Information (required)

Attention  Address   
City  State  Zip   
Phone no.  E-mail

### Event Information (required)

April 12th

April 13th

April 14th

If you are attending any of the following, please register here so that we can have an accurate count.

General Session	<input type="checkbox"/>	Breakfast	<input type="checkbox"/>	Breakfast	<input type="checkbox"/>
Networking Suite/ Book Signing	<input type="checkbox"/>	Lunch	<input type="checkbox"/>	Awards Luncheon	<input type="checkbox"/>
		Networking Suite	<input type="checkbox"/>		

**please register for workshops on the back of this form**

## Workshop Information

To sign up for sessions, please write in the workshop number and brief title in the corresponding blanks (see example). Write in a second choice in case your first choice is unavailable. If you do not want to attend a specific workshop, please write "none" in that blank. Select one combination from the options given per day. The options are: Tuesday, you may select Option 1) "A" session or Option 2) "B" and "C" sessions or Option 3) "B", "D", and "E" sessions; Wednesday, you may select Option 1) "F" and "I" sessions or Option 2) "G" and "H" and "I" sessions.

### Tuesday Planner (required)

Option 1: ALL-DAY workshop (6 hours)

Example:

A-1 Managing Resistance

Workshop A:

(first choice)

(second choice)

Option 2: MORNING workshop (3 hours) plus AFTERNOON workshop (3 hours)

Workshop B:

(first choice)

(second choice)

Workshop C:

(first choice)

(second choice)

Option 3: MORNING workshop (3 hours) plus two AFTERNOON workshops (90 minutes each)

Workshop B:

(first choice)

(second choice)

Workshop D:

(first choice)

(second choice)

Workshop E:

(first choice)

(second choice)

### Wednesday Planner (required)

Option 1: MORNING workshop (3 hours) and AFTERNOON workshop (90 minutes)

Workshop F:

(first choice)

(second choice)

Workshop I:

(first choice)

(second choice)

Option 2: Two MORNING workshop (90 minutes each) plus AFTERNOON workshop (90 minutes)

Workshop G:

(first choice)

(second choice)

Workshop H:

(first choice)

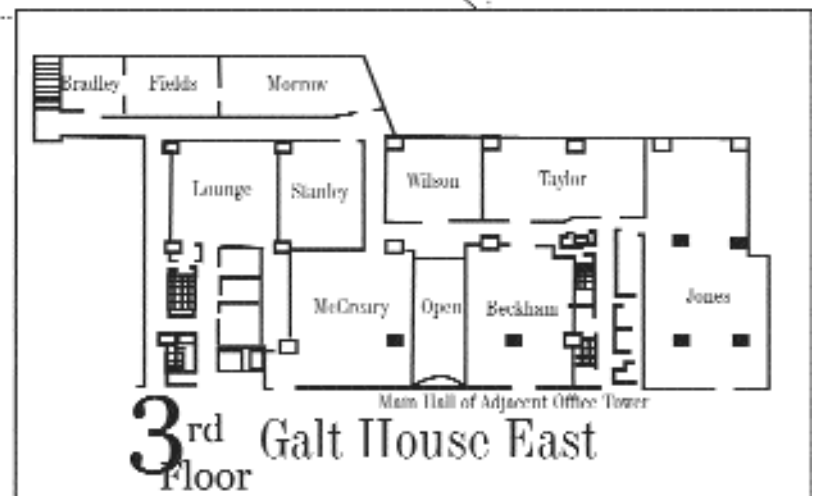
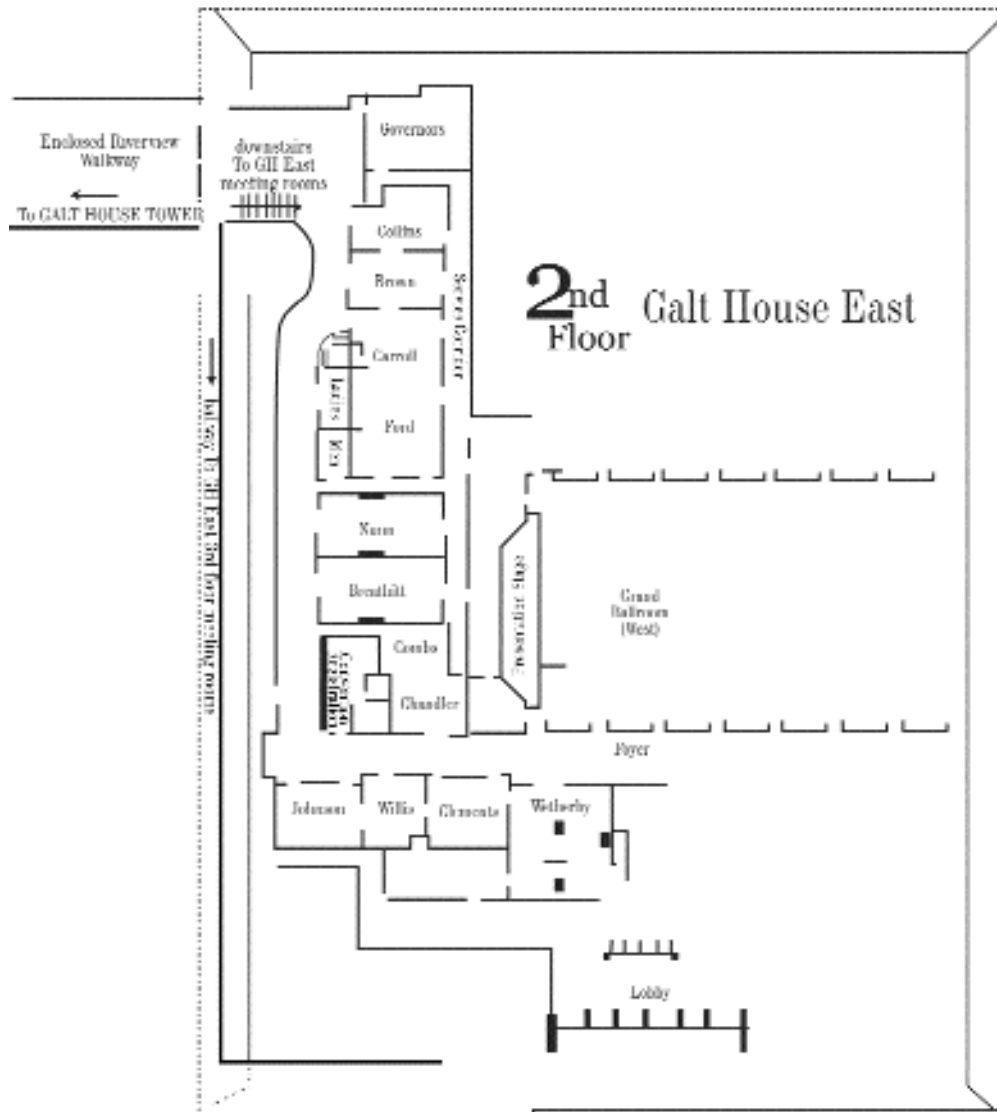
(second choice)

Workshop I:

(first choice)

(second choice)

# GALT HOUSE EAST HOTEL





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Frankfort, Kentucky 40621



kycares.net  
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